



On Campus, Confidential Resources

Counseling and Consultation Services

Clare Hall
ccs@marian.edu
317.955.6150
<https://www.marian.edu/campus-life/counseling-services-and-programs>

Counseling and consultation services are available to current Marian University students and provide free and confidential individual therapy, group therapy, crisis management, consultation, and referral services for all students. Services are offered both in person and via teletherapy. CCS office hours are Monday – Friday, 8 a.m. – 4:30 p.m. For emergency services on weekends and after business hours, call 317.955.6789 and ask for the counselor on call.

Student Health Center

Clare Hall, Room 126
studenthealthcenterindianapoliscampus@marian.edu
317.955.6154
<https://www.marian.edu/campus-life/health-and-wellness>

The Student Health Center is available to all students during the school year, Monday – Friday. An appointment is preferred. Additional off-campus health resources can be found [here](#).

University Chaplain

Fr. Rick Martignetti
Oldenburg Hall, Room 128
fatherrick@marian.edu

Other university ministry staff are also available but are not confidential and are considered mandatory reporters.

Law Enforcement

Marian University Police Department (MUPD)

Paul J. Norman Center

317.955.6789

<https://www.marian.edu/campus-life/campus-safety>

Marian University Police Department is open 24 hours a day, seven days a week, 365 days a year. Officers have attended the Indiana Law Enforcement Academy and have jurisdiction throughout Indiana. While MUPD officers are mandatory reporters, reporting to law enforcement is separate from reporting to the university; you can choose to file a report to the university, MUPD, both, or neither.

Indianapolis Metropolitan Police Department (IMPD)

50 N. Alabama Street

<https://www.indy.gov/agency/indianapolis-metropolitan-police-department>

Indianapolis Metropolitan Police Department provides police services to Marion County. They are committed to the enforcement of laws to protect life and property, while also respecting individual rights, human dignity, and community values. You can contact police in the event of an emergency by calling 911, or the non-emergency line at 317.327.3811.

IMPD Victim Assistance Unit

50 N. Alabama Street

317.327.3331 [TTY 317.327.3315]

<https://www.indy.gov/activity/crime-victim-assistance>

The Victim Assistance Unit is a 24-hour crisis intervention with IMPD. The Indianapolis Victim Assistance Unit helps anyone who has experienced or witnessed a physical, emotional, or personal loss because of a criminal act. They may provide on-scene crisis intervention, emotional support, community referrals, and help navigating and understanding the criminal justice system. The Victim Assistance Unit helps with a wide variety of cases, including domestic violence, assaults, and sex offenses.

Off Campus/Additional Local Resources

Firefly Children and Family Alliance

advocacy@fireflyin.org

<https://fireflyin.org/>

317.644.7992 | Marion County 24/7 crisis line: 833.338.7277

Firefly offers free and confidential services for those in the Indianapolis community who are survivors of domestic violence, sexual assault, human trafficking, and stalking at any point or stage in their journey or relationship. Some of their services include phone, virtual, or face-to-face meetings; emotional support and safe place to discuss feelings and needs; assistance with protective orders; court advocacy and accompaniment as well as guidance through the criminal justice system; community resource referrals; and support groups. Services are free, confidential, voluntary, and offer flexible support to students.

Center of Hope

Center of Hope locations can be found at certain hospitals in Indianapolis and provide specialized sexual assault treatment. They provide caring, private, and trauma-informed treatment from medical professionals and can help you understand your rights and next steps. They provide forensic exams, also known as rape kits, and are provided free of cost to the survivor. Centers of Hope (COH) are in the emergency rooms of the hospitals listed below. Survivors should tell the front desk staff that they are seeking the COH, and they will connect the survivor to the COH. Remember, you have the right to have an advocate with you during the process, and the COH can help you call for one.

Hospitals in Indianapolis that have a Center of Hope include:

- Eskenazi: 720 Eskenazi Avenue (~3 miles from campus)
- IU Heath Methodist: 1701 N Senate Blvd (~4 miles from campus)
- Ascension St Vincent: 2001 W 86th Street (~8 miles from campus)
- Community North: 7250 Clearvista Drive (~12 miles from campus)
- Community East: 1500 N Ritter Ave (~11 miles from campus)
- Community South: 1402 E County Line Rd (~20 miles from campus)
- Franciscan Health (St. Francis): 8111 S Emerson Ave (~17 miles from campus)

More information of what a rape kit is can be found at:

<https://www.rainn.org/articles/rape-kit>

[Rights of Victims of Sexual Assault \(Spanish\)](#)

Indy Champions

champions@indypsf.org

317.210.0866 (24/7)

The Indy Champions run a 24/7 hotline to help victims and survivors or loved ones and connect them to agencies, resources, and advocacy services based on their needs. The Indy Champions is a partnership between the Indy Public Safety Foundation (IPSF) and the Office of Public Health and Safety (OPHS), developed as part of the City's Violence Reduction Strategy.

La Plaza

<https://www.laplazaindy.org/voca/>

317.890.3292

Vanessa@laplaza-indy.org – Vanessa Merchan, Advocate

La Plaza provides several services for the Latina community in central Indiana, including services for survivors of domestic violence and their families. Services are confidential and free of charge, and include case management, emergency assistance, and advocacy.

La Plaza proporciona servicios para la comunidad Latino en Indiana, incluyendo servicios para sobrevivientes de violencia doméstica y sus familias. El servicio es confidencial y gratuito, incluye gestión de casos, asistencia de emergencia, y abogacía.

Julian Center

2011 N. Meridian Street

<https://www.juliancenter.org/>

317.920.9320 (24/7)

The Julian Center provides confidential services to those experiencing domestic violence, sexual violence, and stalking and has a continuum of care to offer survivors throughout their journey. They have an emergency shelter, counseling, and support group services, an empowerment support program, sexual assault advocacy, law enforcement advocacy, transitional and supportive housing, legal services, and extended support advocacy.

Neighborhood Christian Legal Clinic

3333 N. Meridian Street

<https://www.nclegalclinic.org/>

317.429.4131

contactus@nclegalclinic.org

Neighborhood Christian Legal Clinic provides legal needs and services to the Indianapolis area for those that may not be able to afford full legal counsel. Services may be highly applicable to those that may be living with an abusive partner or face financial or legal complications in regards to experiencing dating and domestic violence, sexual assault, and stalking.

Indiana Coalition Against Domestic Violence

[Here](#) you can find statewide domestic violence programs that serve survivors across Indiana.

Indiana Coalition to End Sexual Assault & Human Trafficking

[Here](#) you can find Indiana Rape Crisis Centers available across Indiana.

National Resources

RAINN (Rape, Abuse, & Incest National Network)

<https://www.rainn.org/>

800.656.HOPE (4673)

This is a free, confidential, national hotline where you can call or chat online with a trained staff member to provide confidential crisis support and offer support and guidance.

National Domestic Violence Hotline

<http://www.thehotline.org/>

800.799.SAFE (7233) [TTY 800.787.3224]; Text 'START' to 88788

This crisis line provides 24/7 confidential, one-on-one support to each caller and person on live chat, offering crisis intervention, options for next steps and direct connection to sources for immediate safety for women, men, children, and families affected by domestic violence.

The Network/La Red

<https://www.tnlr.org/en/>

617.742.4911 / 800.832.1901 (Toll-Free)

The 24/7 hotline provides confidential emotional support, information, referrals, safety planning, and crisis intervention for LGBTQ+ folks. They also offer information and support to friends, family, or co-workers on the issue of domestic violence in LGBTQ+ communities.

Center for Pacific Asian Family Multilingual Helpline

<https://nurturingchange.org/>

1.800.399.3940

This is a confidential helpline available 24/7 for those experiencing domestic violence and sexual assault for immediate crisis intervention, safety planning, and emotional support. English and many different Asian and Pacific dialects are available, including Chinese, Korean, Japanese, Tagalog, Hindi, Khmer, Vietnamese, and Thai.

StrongHearts Native Helpline

<https://www.thedeafhotline.org/>

1.844.762.8483

This is a confidential domestic violence and sexual assault helpline for Native Americans and Alaska Natives, including crisis intervention, emotional support, safety planning, and native-centered service referrals. 24/7 phone or chat is available.

National Deaf Domestic Violence Video Hotline

<https://www.thedeafhotline.org/>

1.855.812.1001

This is confidential hotline that is ASL Accessible available 24/7 to anyone in the Deaf community who has been affected by sexual assault or domestic violence, including safety planning, crisis intervention, and emotional support. Email is available on the site.

Love is Respect

<http://www.loveisrespect.org/>

866.331.9474 [TTY 866.331.8453]; Text "LOVEIS" to 22522

Designed specifically for teens and young adults, Love is Respect provides 24/7 phone, text, and chat services and offers real-time, one-on-one confidential support from peer advocates. Message and data rates apply on text for help services.

VictimConnect Resource Center

<https://victimconnect.org/>

855.484.2846 (Call or text)

VictimConnect Resource Center (VCRC) is a weekday phone, chat, and text-based referral helpline operated by the National Center for Victims of Crime. Services are available for all victims of crime in the United States and its territories. Visitors to the hotline receive strength-based and trauma-informed services and referrals in over 200 languages. VictimConnect is available Monday-Friday from 9 a.m.–5 p.m.

Additional Information

Know Your IX

<https://knowyourix.org/>

Led by youth and survivors of sexual violence, Know Your IX is a nonprofit project that aims to empower students to end sexual violence in schools. The website offers resources for those who have experienced sexual violence, as well as guidance for students who want to take action on their own campuses to improve safety.

RAINN (Rape, Abuse, and Incest National Network)

<https://www.rainn.org>

In addition to their crisis line, their website offers a multitude of resources for survivors of sexual violence and their loved ones, including information on staying safe, understanding consent, reporting assault, and recovering from trauma. Provided below are some helpful, informational articles.

- [RAINN Warning Signs for College-Age Adults](#)
- [RAINN Reporting and Criminal Justice System](#)
- [RAINN Laws in Indiana](#)
- [RAINN How to Support a Loved One](#)

National Sexual Violence Resource Center

<https://www.nsvrc.org/>

NSVRC offers a wealth of information for survivors, family members, educators, and the media about all kinds of sexual violence.

Stalking Prevention, Awareness, and Resource Center (SPARC)

<https://www.stalkingawareness.org/>

SPARC provides information and resources on stalking such as [recognizing stalking](#), [documentation logs](#), and [safety planning strategies](#).

National Domestic Violence Hotline

<https://www.thehotline.org/>

In addition to their 24/7 confidential hotline, this site provides a variety of informational topics surrounding identifying, recognizing, and understanding abuse, planning for safety, and supporting others. Provided below are a few informational articles.

- [Types of Abuse](#)
- [Physical, Emotional, Spiritual, Financial, Digital, Reproductive](#)
- [Abuse in the Black Community](#)
- [Abuse in the Latinx Community](#)
- [Abuse in Native American & Alaska Native Communities](#)
- [Abuse in Immigrant Communities; Domestic Violence and Immigration; Undocumented and Intimate Partner Violence: What are My Rights When Reaching Out for Support?](#)
- [Abuse in LGBTQ+ Communities](#)
- [Abuse in Deaf Communities](#)
- [Abuse in Disability Communities](#)
- [Men Can Be Victims of Abuse Too; Myths Around Men Experiencing Abuse](#)
- [Internet Safety](#)
- [Create a Safety Plan](#)
- [Protective Orders and Legal Resources](#)
- [Healthy Relationships](#)
- [“Help! My Ex is Harassing Me Online!”](#)
- [50 Obstacles to Leaving](#)
- [“Why Didn’t You Say Anything?”](#)
- [Grace vs Abuse: 7 Questions to Define the Line](#)
- [A Deeper Look into Gaslighting](#)